

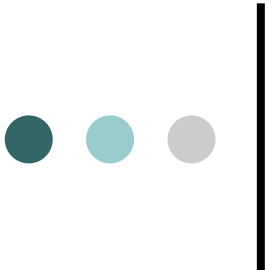


What are the connections?

Dr CH Ng

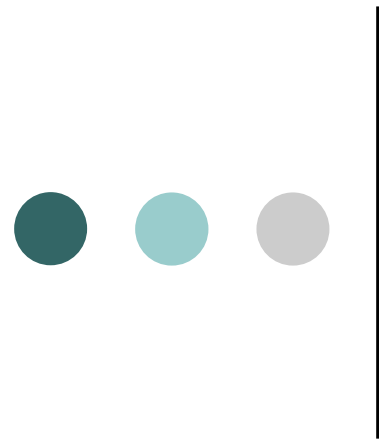
ICU, KWH

23 March 2010



A Cardiologist with Guillain-Barre Syndrome

- 一名**58**歲私家男醫生，平安夜接種**H1N1**甲型流感（人類豬流感）疫苗後下肢乏力，懷疑患上「吉巴氏綜合症」，衛生署 專家小組召開會議研究事件。
- 專家在會後指，患者臨床徵狀暫與「吉巴氏綜合症」符合，但暫未發現與接種疫苗有關，衛生防護中心 會繼續跟進事件。
- 他又強調，全球已注射**8000**萬針甲流疫苗，只有**50**宗「吉巴氏綜合症」，危險性少於百萬分之一。



Case Presentation



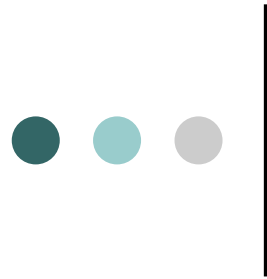
F/67

NSND

Independent ADL

Past Health:

- HT on Adalat Retard and Atenolol, FU GOPC
- Hyperlipidaemia on diet
- Hysterectomy 10 yrs ago



P/E on admission

- Temp 38.4 °C
- BP135/75, p 75/min regular, no murmur
- GCS 15/15
- Power UL: 5|5, LL: 5-|5-; areflexia
- No sensory deficit
- Chest: clear
- Abdomen: Unremarkable

Provisional Dx:

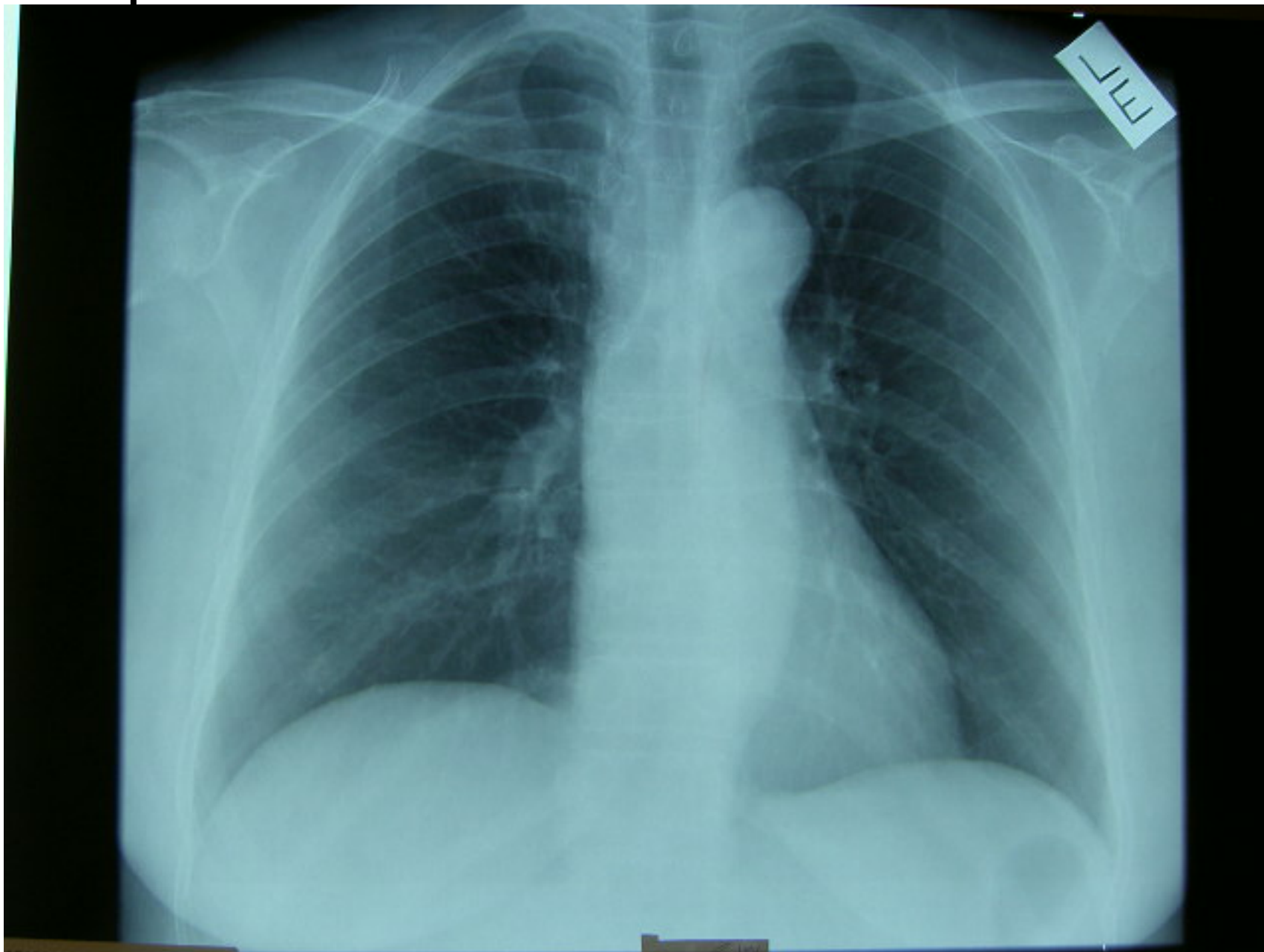
? Guillain-Barré syndrome

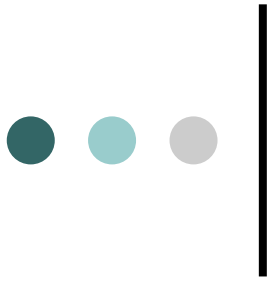


Admission to Medical ward on 15/01/2010

- c/o generalized weakness x 3/7
- 4 limb weakness, with progressive worsening
- On and off colicky abdominal pain, nausea, fever, chills and rigors
- No diarrhoea, no SOB, mentally well
- TOCC-ve
- Received swine flu vaccination on 23/12/2009 in To Kwa Wan Clinic

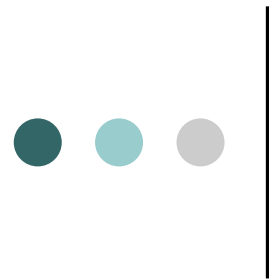
From vaccination to onset of weakness: 25 days





- CXR: clear lung fields
- Sputum/urine/blood/stool culture
- CBP: WBC 9.5, Hb 13.8, PLT 156
- Normal liver and renal function tests

Rx: oral Augmentin empirically



Same day of admission

- NCT

Absence of R. sural SNAP. Mild slowing of R. ulnar sensory conduction. Satisfactory R. ulnar motor and median sensori-motor conduction. Satisfactory R. peroneal and tibial conduction. No nerve conduction blocks were detected. Prolonged F-waves of R. tibial nerves

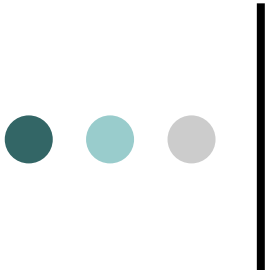
- Conclusion: the findings were not conclusive of GBS. Suggest to repeat NCT next week

- Persistent fever, vomiting+, changed to IV Augmentin

Jan 16

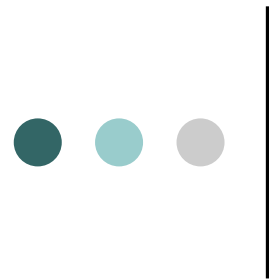


Power UL: 4|4, LL: 4|4



Worsening of muscle weakness

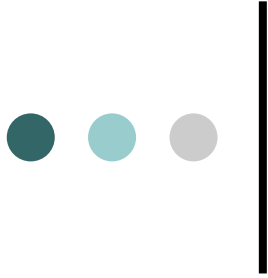
- Fever 39 °C , WBC 31.2
- Dyspnea & increasing O2 demand
- Limb power: UL: 2|3, LL: 2|2, areflexia, plantars equivocal
- Started Tazocin and Clarithromycin
- LP:
 - Opening pressure 5.5cmH2O, WBC 9/ml (N: 15%, L: 85%), no organism, culture –ve; CSF protein: 0.27g/L, glucose 12.7 (H'stix 22)
- Desaturation and confusion, slurred speech
- Elective intubation
- Low BP, requiring fluid resuscitation, Dopamine and Adrenaline



ICU admission (18/1)

- Clinically, in warm shock
- CXR: RLZ segmental collapse
- High inotropic supports
- Oliguric renal failure, started on CVVH
- Bedside echocardiogram: prominent RV, fair biventricular systolic function; USG: normal kidneys
- Discussion with neurologists, suspected GBS with rapid deterioration, started on IVIg





- Repeated NCT
 - Sensory nerve conduction could not be performed due to interference from machines. Motor nerve conduction of R. median, ulnar, PTN and CPN were within normal limits.
 - Not suggestive of GBS
 - Stop IVIG (after 400mg/kg x 2 days)



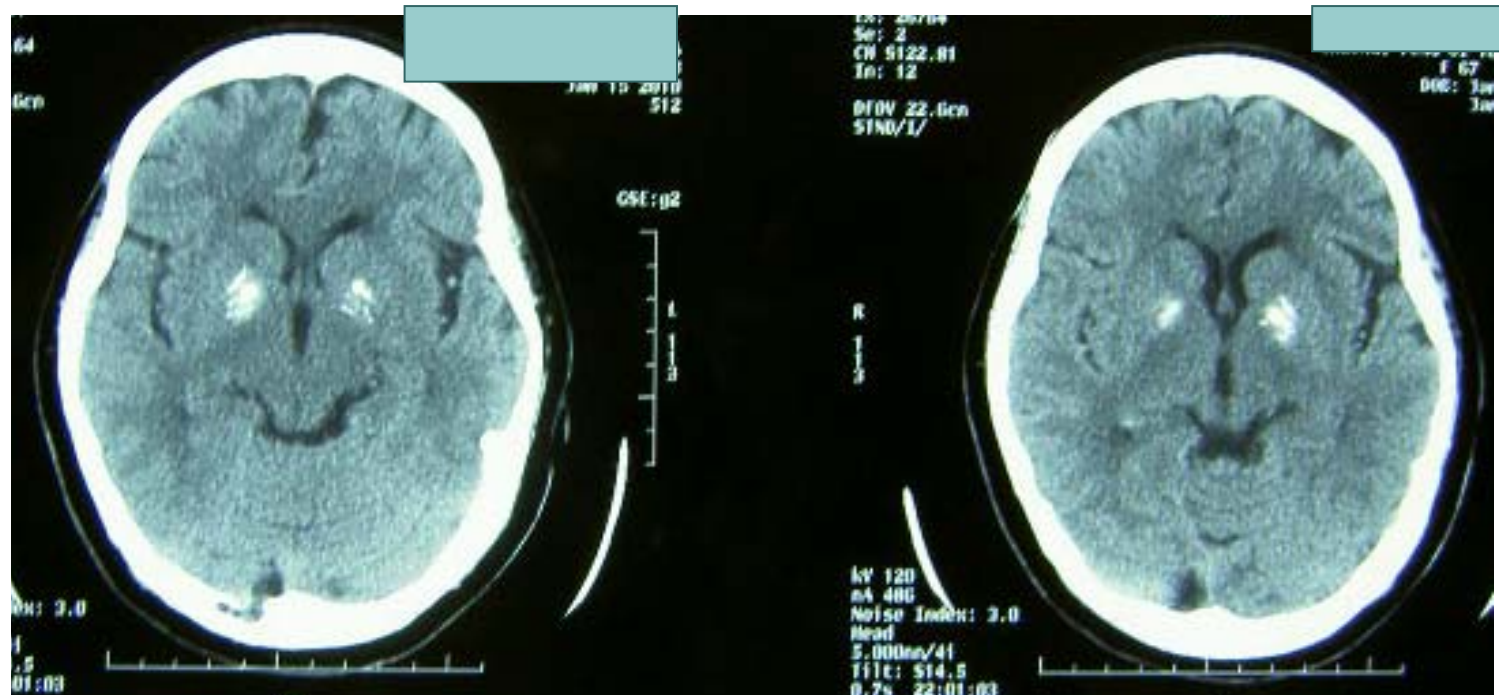
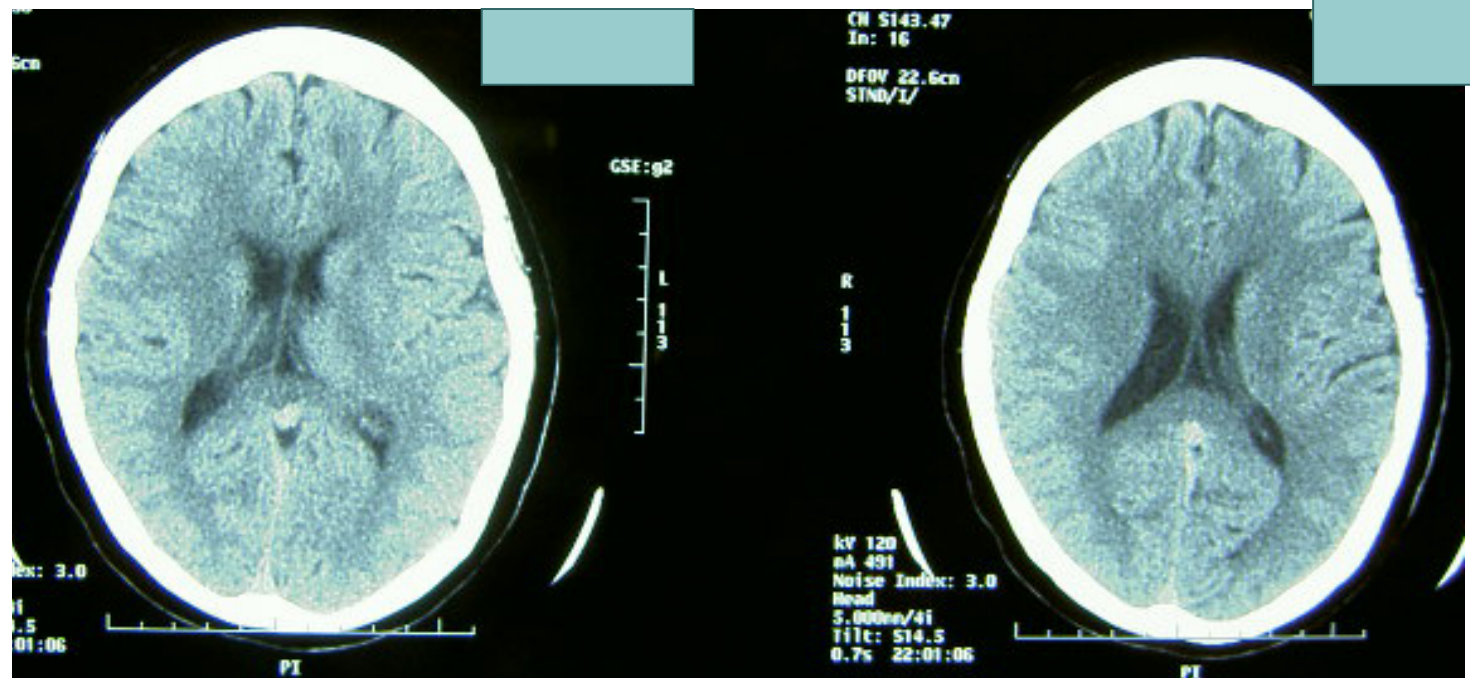
D2/3 in ICU

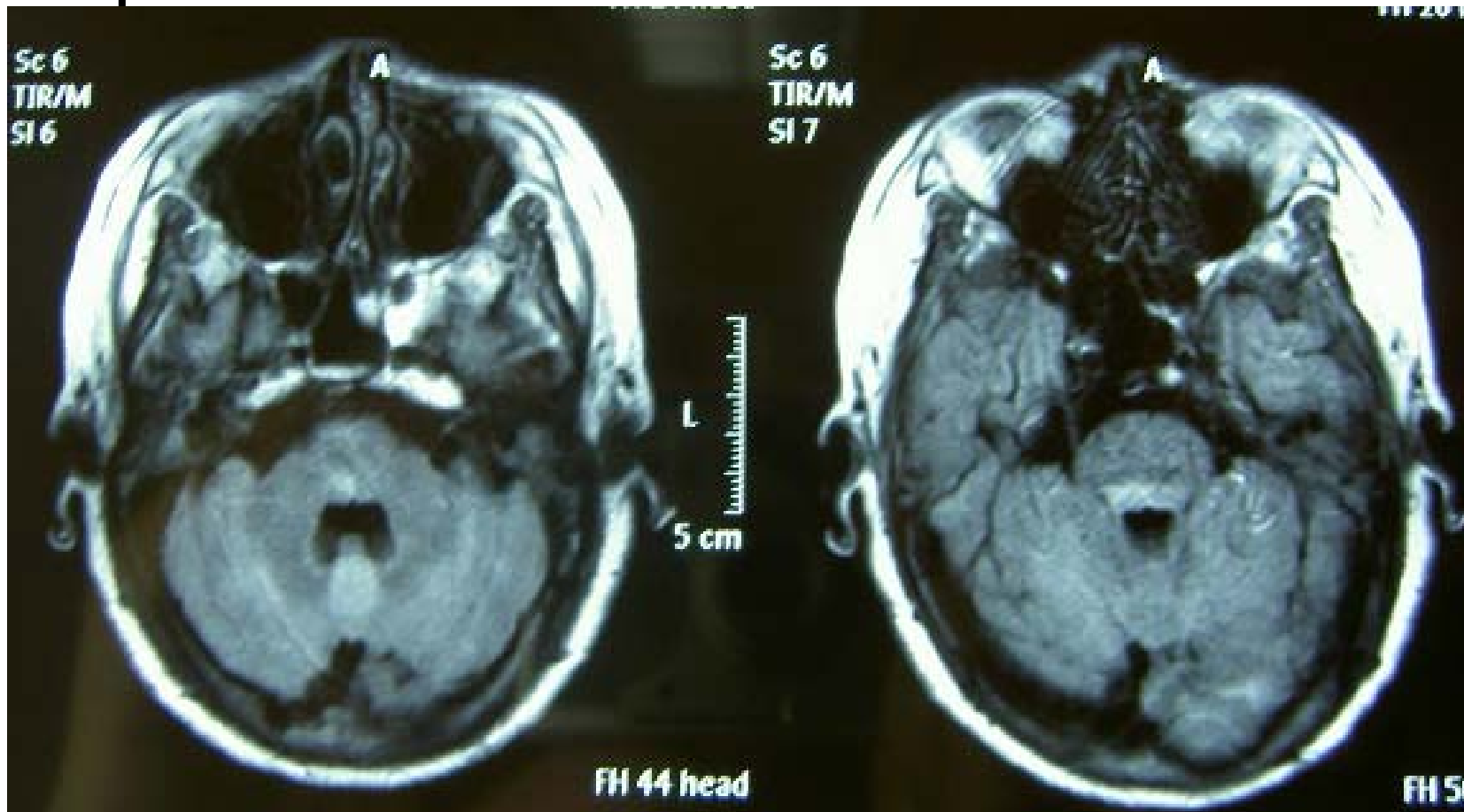
- Improving limb power and brisk jerks
- On ventilator with sedation, mentally still communicable (E2M5Vt)
- Fibreoptic bronchoscopy for RLL toileting, no microbial isolated in BAL
- Ventilator asynchrony, required sedation
- Dialysis dependent
- Hemodynamics improving & inotropes weaned off

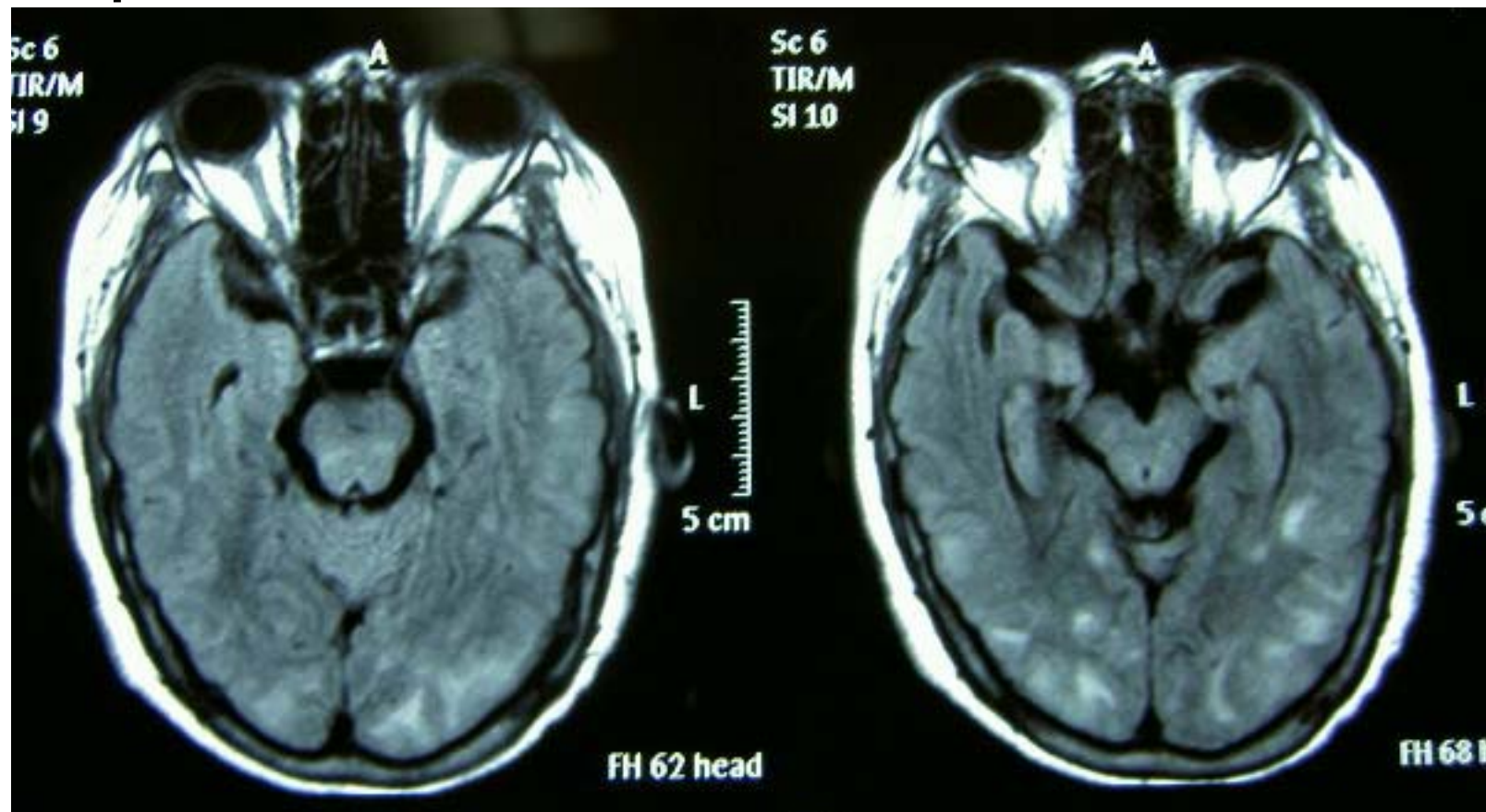


A week later...

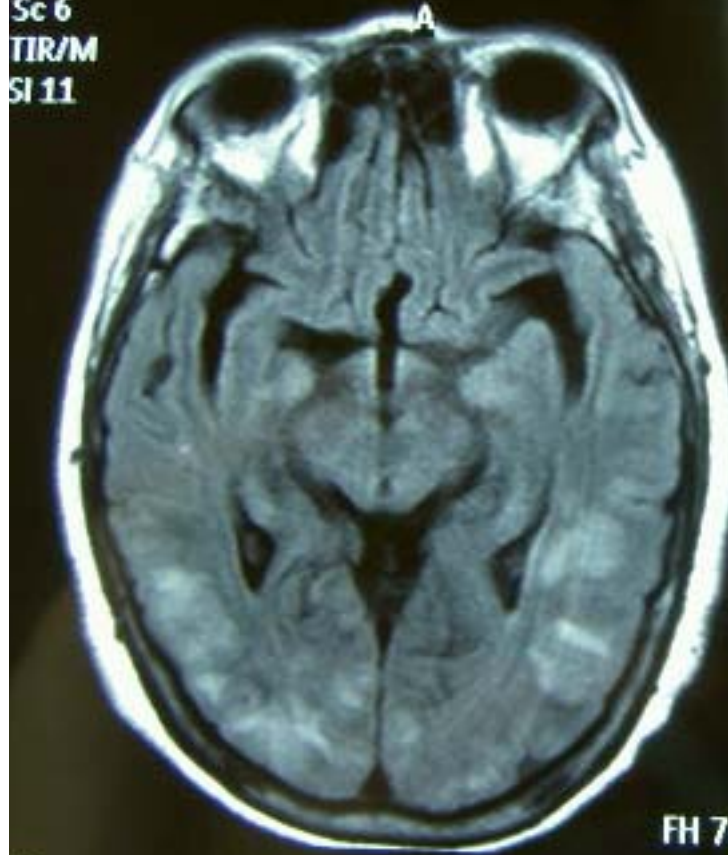
- Depressed sensorium despite cessation of sedation for a week
- Best GCS arousable but hypersomnolent
- E2M4Vt
- CT brain: unremarkable
- LP: nil WBC, CSF protein 0.34, glucose 7.7 (plasma 8.3)
- Plasma ammonia: 14 $\mu\text{mol/L}$ (10-47)
- MRI brain and cervical spine done





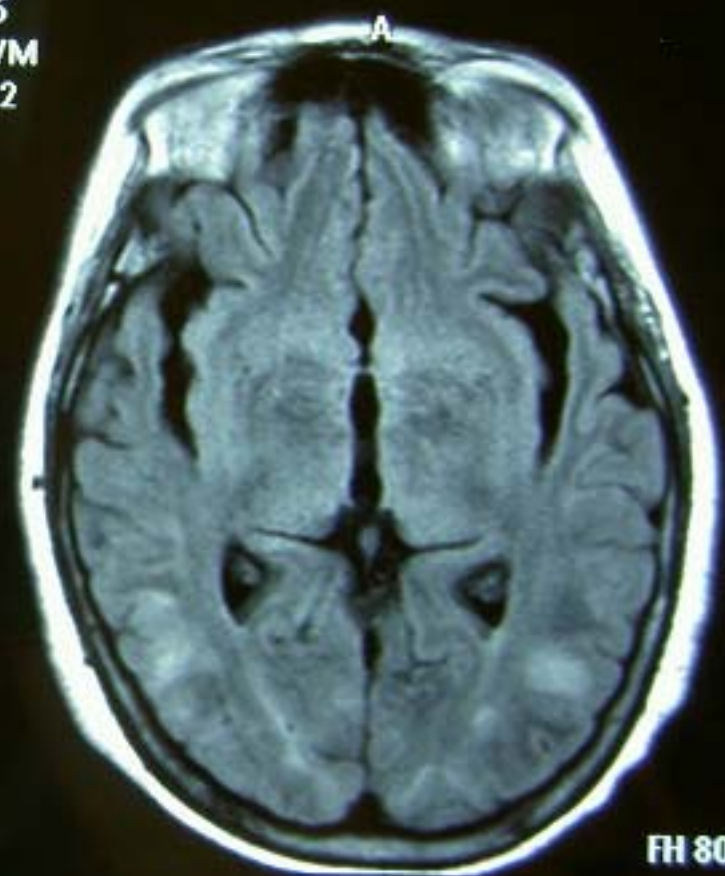


Sc 6
TIR/M
SI 11



L
5 cm

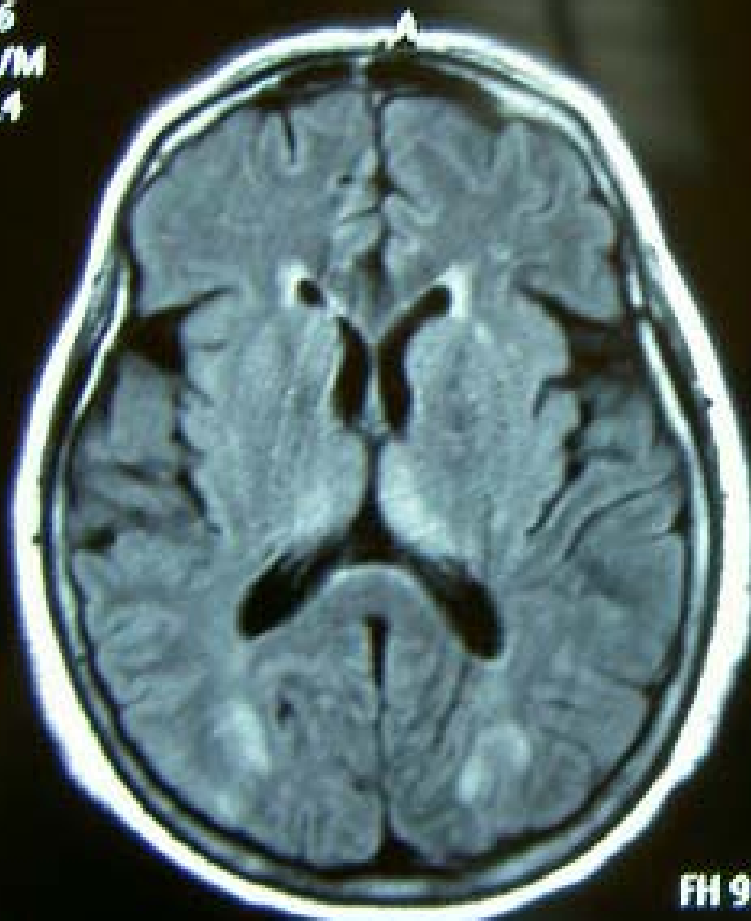
Sc 6
TIR/M
SI 12



6



Sc 6
TIR/M
SI 14



FH 92 head

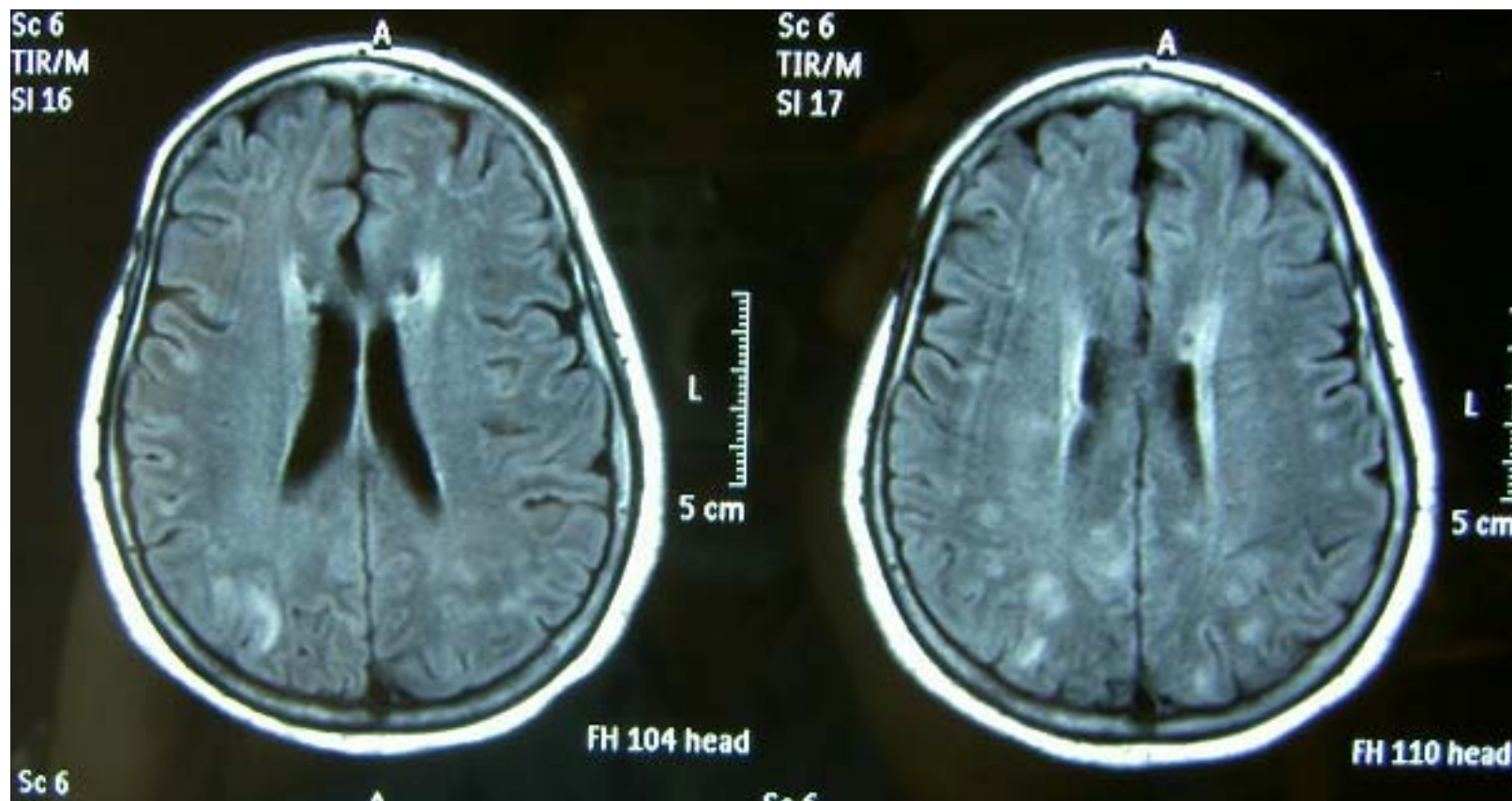
Sc 6
TIR/M
SI 15

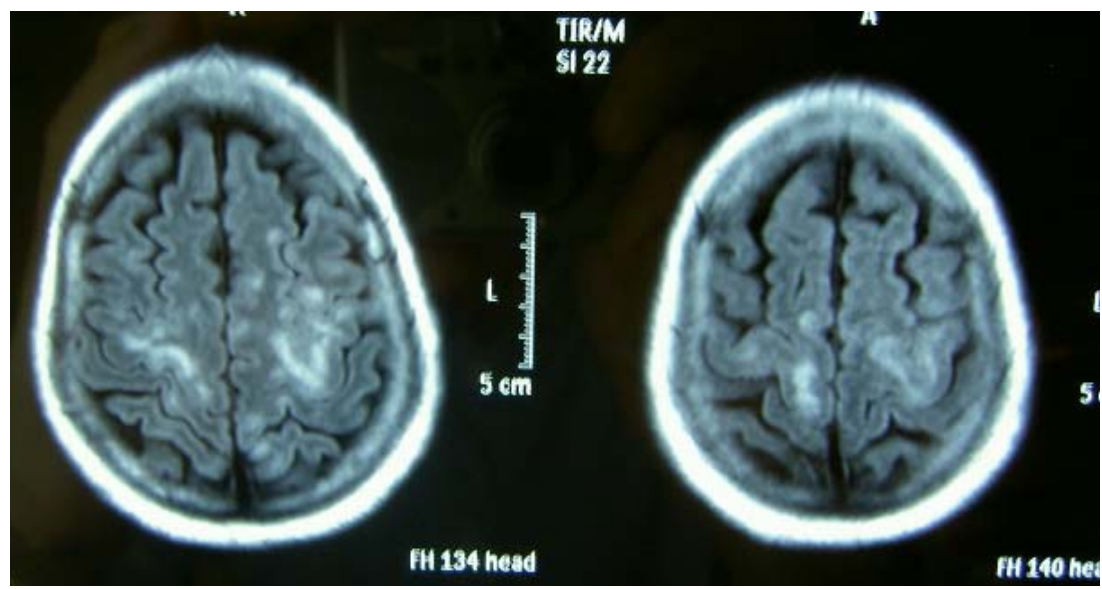
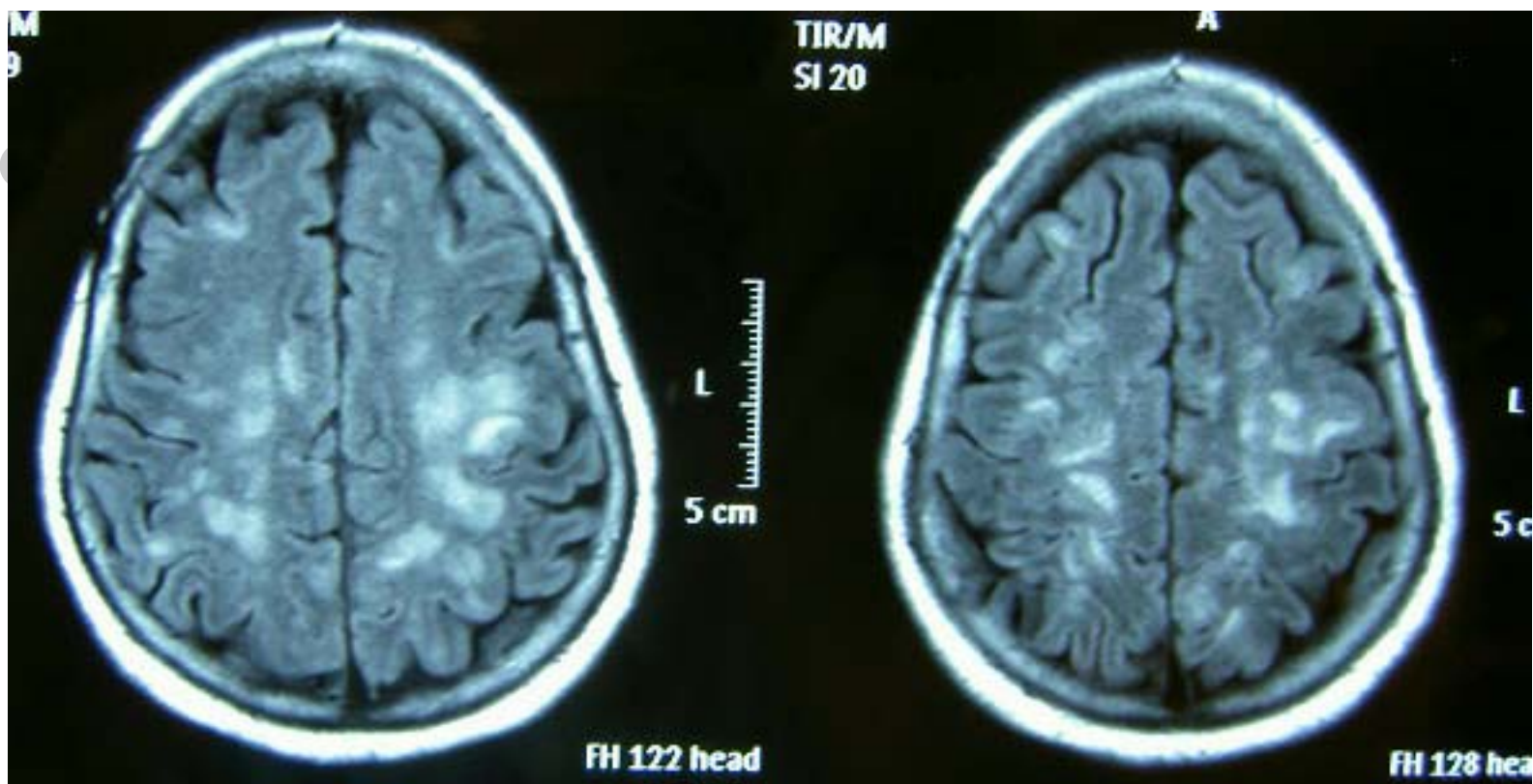


FH 98 head

Sc 6

Sc 6







MRI report

- Abnormal T2 hyperintense signals involving asymmetrically in bilateral cerebral hemispheres, mainly over periventricular white matter in bilateral frontal horns and subcortical white matter/U-fibers predominantly in parietal and occipital regions. Bilateral thalami and pons were also involved. No definite area of restricted diffusion was shown on DWI. No abnormal parenchymal or leptomeningeal enhancement was observed after contrast injection
- MRI cervical spine: unremarkable

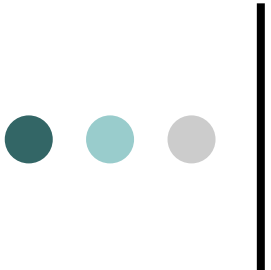
Radiologist's opinion:

- **Demyelinating disease** e.g. acute disseminated encephalomyelitis was one of the differentials.
- Other DDX: vasculitis, multi-infarcts and less likely infection
- Clinical correlation was required



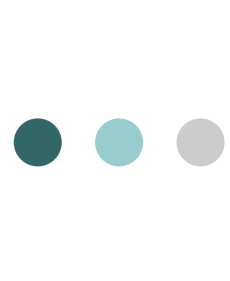
EEG Report

- Eyes opened spontaneously sometimes, did not obey commands, occasional LL tremors were observed
- Background was grossly symmetrical, mainly 5-6 Hz theta activities, voltage 20-70uV over both hemispheres. Some irregular 2.5-3 Hz slow activities, more prominent over frontal region was noted. *No definite epileptic discharge was detected.*
- Findings nonspecific, could be compatible with **encephalopathy of any cause**



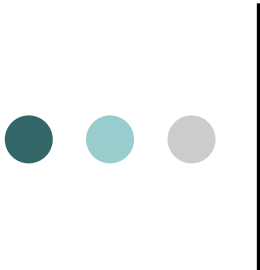
Lab results

- HIV 1&2 serology: -ve
- ANCA –ve
- ANF 80, anti-ds DNA 5 (<50)
- C3 0.49(0.79-1.52), C4 0.17(0.16-0.38)
- NPA and Trach asp x swine flu PCR –ve, viral culture -ve
- Urine Legionella serotype 1 antigen –ve
- Tracheal aspirate: AFB smear –ve
- Blood cultures –ve
- ASOT <200



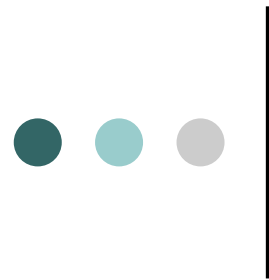
CSF study : Negative

- Viral culture
- PCR herpes simplex 1 & 2, enterovirus
- CFT measles and varicella zoster
Ab titres <4
- AFB smear, culture
- Bacterial C/ST Fungal C/ST
- IgG 5.1mg/dL
- Oligoclonal band not increased



Paired Serum (18/1 & 9/2):

Influenza A	40	20
Influenza B	20	10
Adenovirus	20	10
Chlamydia gp	<10	<10
Mycoplasma pneumoniae	10	20
Parainfluenza type 1,2 & 3	<10	<10
RSV	10	10
Enterovirus	<10	<10
Varicella-zoster virus	<10	<10
Herpes simplex virus	20	120
Japanese encephalitisvirus	<10	<10
Spotted fever gp rickettsia	<128	<128
Typhus gp rickettsia	<128	<128
Orientia tsutsugamushi	<128	<128



Treatment

- IV pulse methylprednisolone 1g daily x 3
- followed by 4/52 oral prednisolone



Acute

Disseminated

Encephalomyelitis



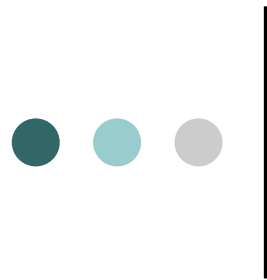
ADEM

- Acute immune-mediated demyelinating disorder of CNS characterised by multi-focal white matter involvement
- In developed countries most commonly follows non-specific URTI
- In developing countries most commonly follows common childhood illnesses e.g. measles (1 in 1000), chickenpox
- It can also occur post vaccination
- The incidence rate is ~4-8/1,000,000 people per year



ADEM

- Though it occurs in all ages, most reported cases are in children and adolescents, with the average age of ~ 5 to 8 yrs old
- When the patient suffers more than one demyelinating episode, it is called Recurrent Disseminated Encephalomyelitis/Multiphasic Disseminated Encephalomyelitis (MDEM)



ADEM

- Clinical features:
 - Nonspecific symptoms (e.g. fever, malaise, myalgia, headache, nausea and vomiting) often precede neurological features, beginning 4-21 days after precipitating event



Clinical features

Neurological features:

- Focal or multi-focal

- Rapid onset over few days

- Early features:

 - Encephalopathy ranging from lethargy to coma

 - Hemiparesis

 - Cranial nerve palsies

 - Paraparesis with cord lesion often complete

- Meningism

- Ataxia

- Movement disorders

- Fits in severe cases

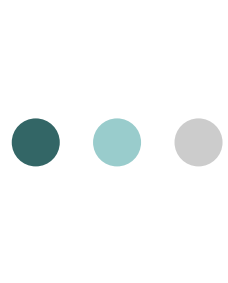
- Optic neuritis



Post-infectious encephalomyelitis

○ Viral infections:

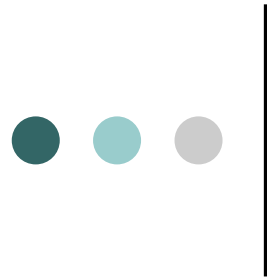
- | | |
|-------------------|-----------------------------|
| • Measles | Varicella-zoster (1/10,000) |
| • Mumps | Rubella (1/20,000) |
| • Influenza A & B | Hepatitis A & C |
| • EBV | HIV |
| • HHV-6 | HSV |
| • Dengue virus | Coxsackie B |
| • Coronavirus | Nonspecific URTI |



Post-infectious encephalomyelitis

○ Non-viral infections:

- Gp A B-haemolytic Streptococci
- Legionella pneumophila
- Salmonella typhi
- Leptospirosis
- Plasmodium falciparum
- Mycoplasma pneumoniae
- Rickettsia rickettsii
- Borrelia burgdorferi

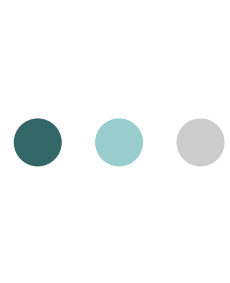


Postvaccinal encephalomyelitis

○ Postvaccinal ADEM:

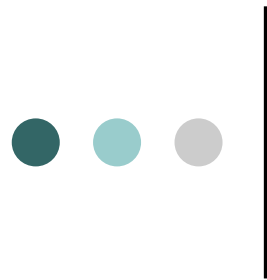
- Rabies
 - - Neural type (Semple) vaccine (1/300 -1/7000)
 - - Non-neural (Human Diploid Cell) vaccine (<1/75,000)
- Measles
- Japanese encephalitis virus (0.2/100,000)
- Oral poliovirus
- Tetanus toxoid (0.9/100,000)
- Influenza
- Chickenpox (3/665,000)
- Hepatitis B recombinant vaccine (10 cases)
- Tick-borne encephalitis

Journal of Infection (2009) 58, 321e328



Pathology of ADEM

- Multiple inflammatory lesions in the brain and spinal cord, particularly in the white matter
 - Usually these are found in the subcortical and central white matter, and cortical gray-white junction of both cerebral hemispheres, cerebellum, brainstem, and spinal cord
 - But periventricular white matter and gray matter of the cortex, thalami, and basal ganglia may also be involved



ADEM

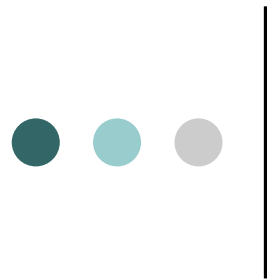
- Pathogenesis:

- Non-immune

- CNS demyelination as a possible result of direct neurotoxicity of a neurotropic virus
 - Disruption of the BBB sustained after direct viral CNS infection → leakage of CNS autoantigens into circulation → emergence of a self-reactive T-cell response

- Immune-mediated

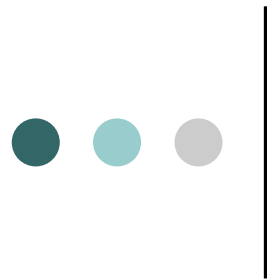
- Molecular mimicry by which pathogens might lead to autoimmune responses



ADEM

- DDx:

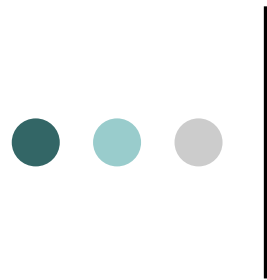
- Since there are no standardised international diagnostic criteria for ADEM, Dx of ADEM is based on the clinical history, neurological and neuroimaging findings, and CSF analysis
- Acute viral encephalitis and multiple sclerosis are principal diseases to consider



ADEM

- Investigations:

- CSF analysis by lumbar puncture and
- Microbiological and serological tests
 - CSF typically reveals an increase in pressure, a lymphocytic pleocytosis (up to 1,000/ml) but may be polymorphs in early states, and raised protein levels (usually < 1g/dL) +/- raised gammaglobulin, and myelin basic protein
 - A CSF oligoclonal band is less common in ADEM



ADEM

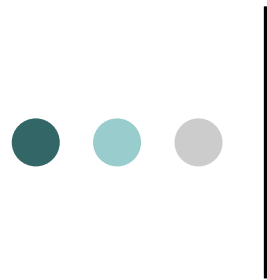
- Investigations:

- EEG

- Non-specific abnormalities common

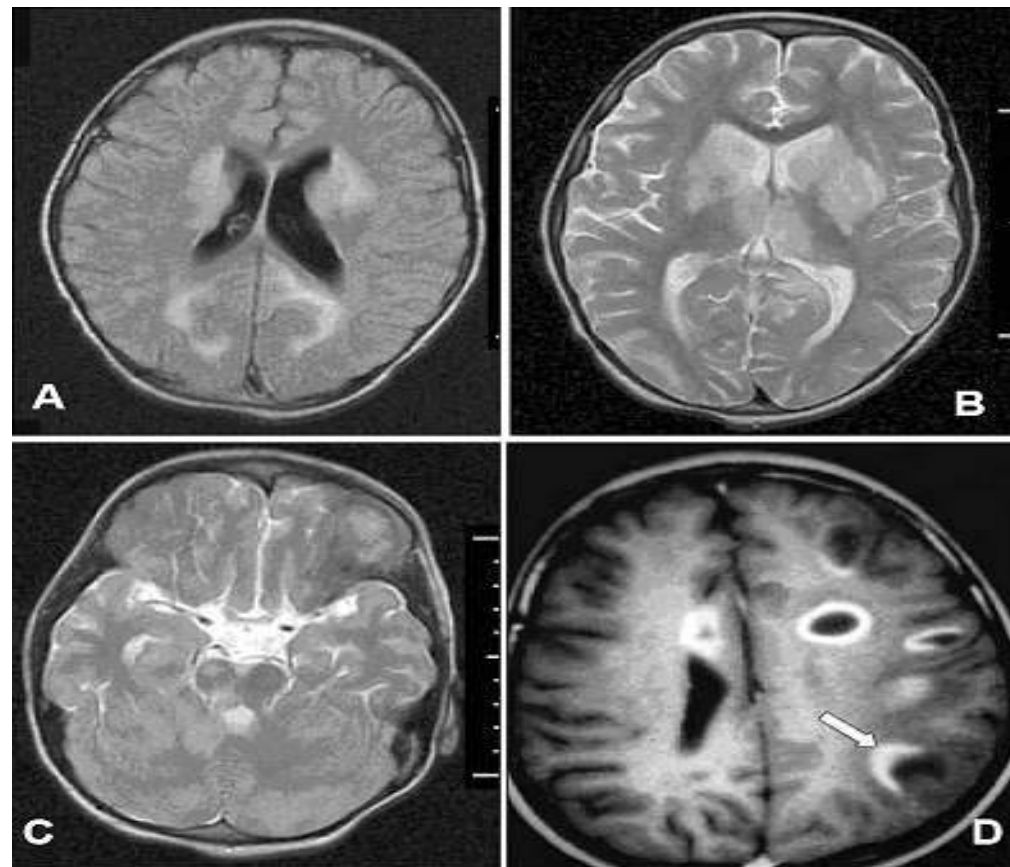
- CT

- Usually normal at onset, but 5-14 days later becomes abnormal with typical appearance showing low attenuation, multifocal lesions in subcortical white matter

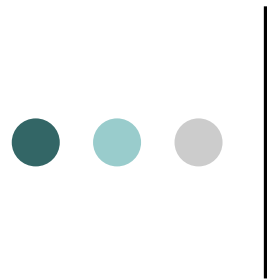


ADEM

- MRI (choice of Ix modality)
 - Demyelinating lesions without mass effect scattered throughout white matter of posterior fossa and cerebral hemispheres, appearing as patchy areas of increased signal intensity on conventional T2-weighted images
 - Although there is no pathognomonic MRI appearance for ADEM, in one study cortical involvement or lesions in the basal ganglia were present exclusively in patients with ADEM as compared to MS
 - Can be normal at initial presentation and delays between 5 and 14 days from symptom onset



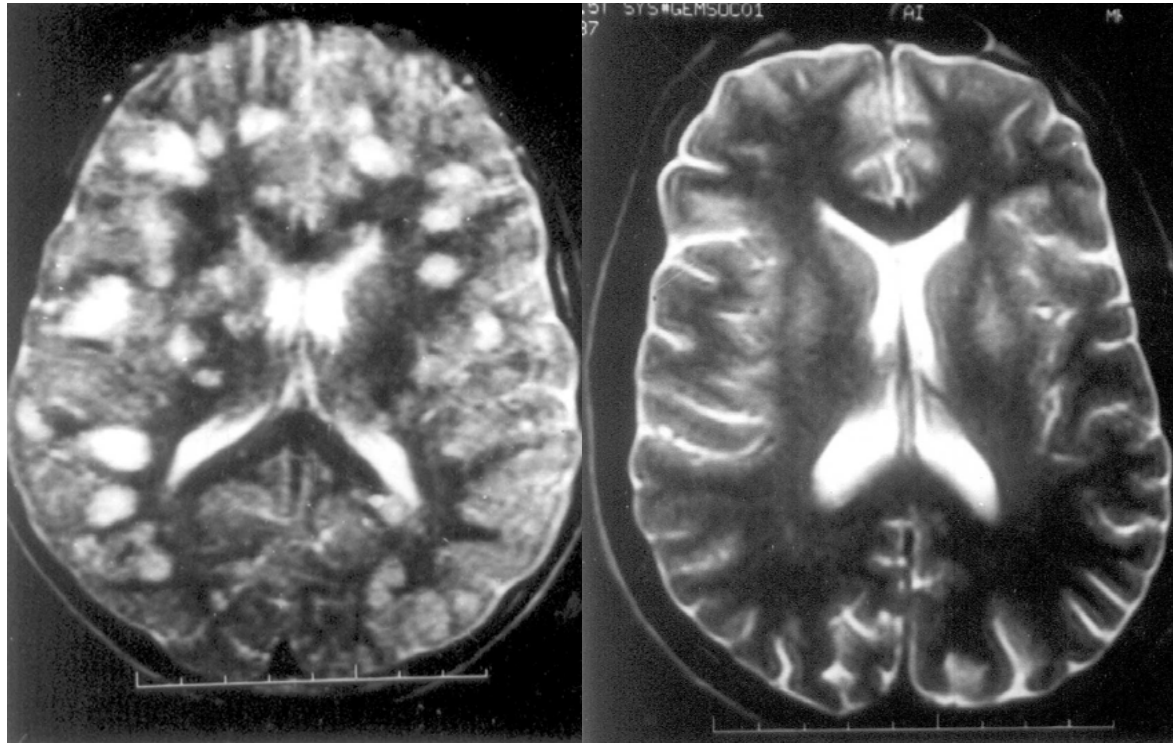
- Acute disseminated encephalomyelitis. Notice the contrast enhancement which is characteristic of acute lesions. Also notice that many lesions are situated at the junction of deep cortical gray and subcortical white matter which is characteristic of ADEM



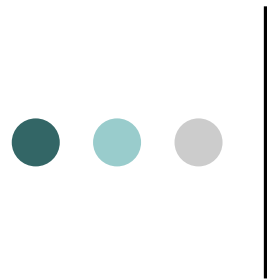
ADEM

- Investigation:

- Follow up MRI scans after a minimum interval of 6 months is recommended to establish or confirm the Dx of ADEM at which time there should be a resolution, partial or complete, of old lesions and no new lesions, and the appearance of new lesions is strongly suggestive of MS



- ***Fig. 1. MRI brain T2 W image shows multiple hyperintense lesions in the subcortical white matter on both sides, right basal ganglia and internal capsule.***
- ***Fig. 2. MRI brain T2 W image after 3 months shows resolution of the lesions.***



ADEM

- Treatment:

- There is a lack of controlled clinical trials and no proven standard treatment for ADEM
- Most treatment options are based on empirical and observational evidence
- Once ADEM is diagnosed and an acute infectious aetiology excluded, treatment should be instituted as soon as possible
- Present treatments are centred on immunosuppression and immunomodulation
- The options include corticosteroids, plasma exchange, and intravenous immunoglobulin (IVIg)

ADEM

LOT/EXP

812374810

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FPO - RSS 10 MII

Store at controlled room temperature 20° to 25°C (68° to 77°F) [see USP].
Protect from light.

Reconstitute with 16 mL Bacteriostatic Water for Injection with Benzyl Alcohol. Store solution at controlled room temperature 20° to 25°C (68° to 77°F) [see USP] and use within 48 hours after mixing. **Protect from light.**

DOSAGE AND USE: See accompanying prescribing information.

* Each 16 mL (when reconstituted) contains methylprednisolone sodium succinate equivalent to methylprednisolone, 1 gram (62.5 mg per mL). Lyophilized in container.

Reconstituted: _____

NDC 0009-0698-01

8–125 mg Doses Rx only

Solu-Medrol®
methylprednisolone
sodium succinate
for injection, USP

For intramuscular or
intravenous use

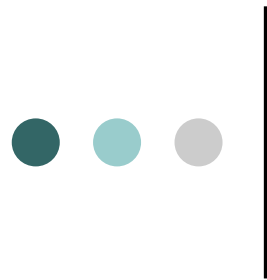
1 gram*

Recommended Diluent
Contains Benzyl Alcohol
as a Preservative

Distributed by

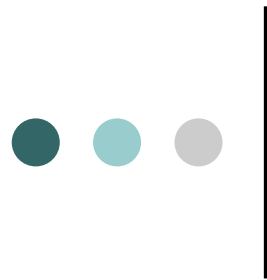
Pharmacia & Upjohn Co

Division of Pfizer Inc, NY, NY 10017



ADEM

- Corticosteroids:
 - Widely accepted as first line therapy for ADEM
 - The recommended treatment regime is IV methylprednisolone 30mg/kg/day (max. 1gm/day) or Dexamethasone 1mg/kg x 3-5 days, followed by a 1-2 month oral Prednisolone taper
 - 2/3 of patients might show a response
 - Shorter tapering might increase the risk of relapses
 - Patients treated with methylprednisolone showed better outcomes than with dexamethasone

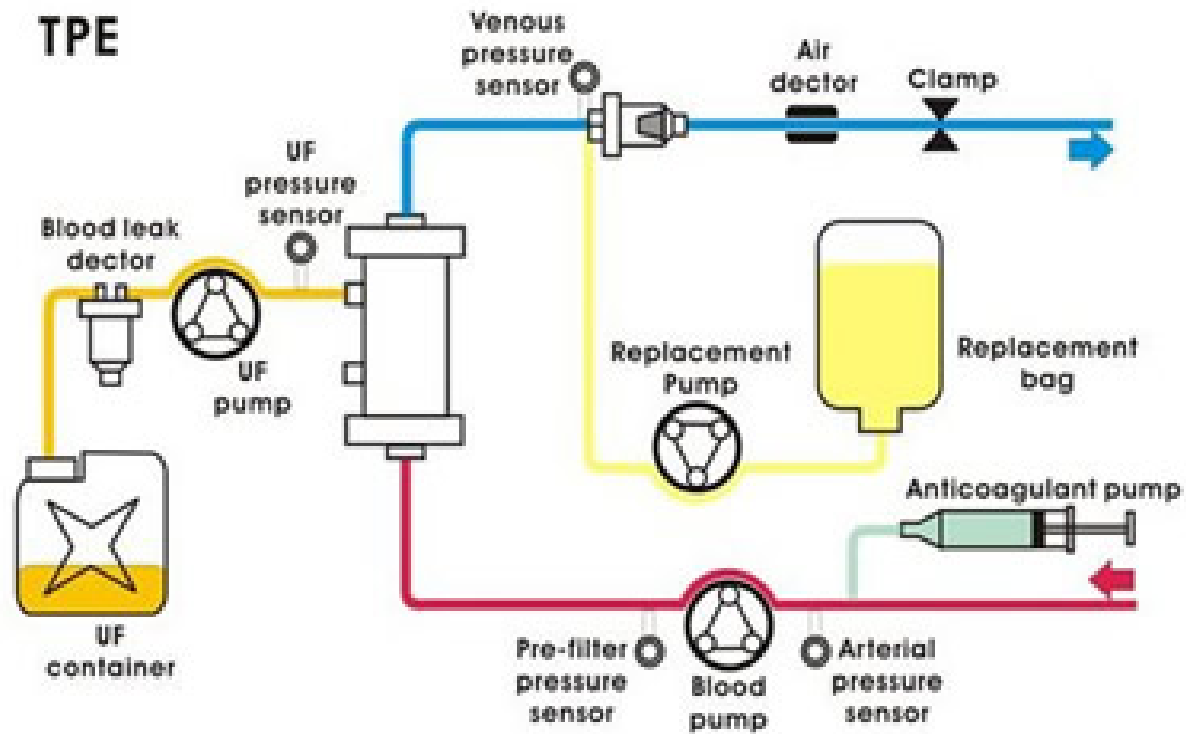


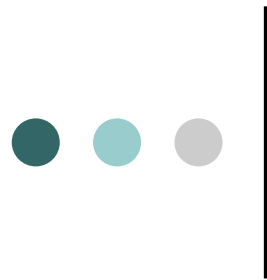
ADEM

- Corticosteroids:
 - The effect is by their ability to reduce inflammation, reduce oedema, and seal the blood-brain-barrier, which should decrease the further influx of active immune cells and humoral factors, contributing to demyelination



ADEM





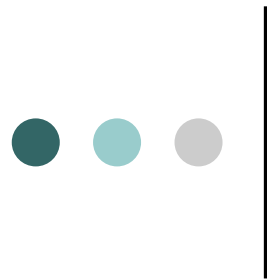
ADEM

- Plasmapheresis:
 - It is recommended in patients who respond poorly to intravenous corticosteroids
 - The usual course involves 7 exchanges over 14 days with improvements frequently seen after the first session
 - This is perhaps through removal of antibodies that contribute to demyelination (like antibodies against myelin basic protein)



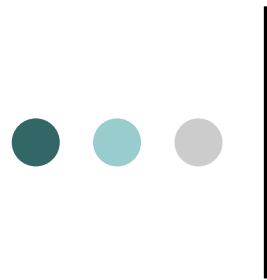
ADEM





ADEM

- IVIg:
 - It is reserved for ADEM patients who fail to respond to corticosteroid treatment and where plasmapheresis is contraindicated or difficult to access
 - IVIg may be preferred to plasmapheresis in cases of postvaccination ADEM
 - Certain subgroups of patients may benefit more from IVIg treatment, like those have both CNS and PNS involvements and evidence of polyradiculopathy



ADEM

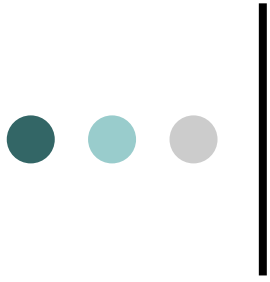
- Others:

- If the above treatments fail, several other therapies have been tried and used with anecdotal success, including intravenous cyclophosphamide and mitoxantrone



ADEM Prognosis

- The mortality rate may be as high as 30-80% in adults
- Full recovery, and in some cases spontaneous improvement, is the expected outcome in most cases, and is seen in about 50% to 70% with a higher proportion (between 70% to 90%) if minor residual deficits are considered
- The average time to recovery ranges from 1 to 6 months
- Suggested predictors of poor outcome include older age, female gender, degree of functional impairment at clinical onset, CSF protein level, spinal cord involvement, PNS damage, and poor response to corticosteroids
- Children tend to have more favourable outcomes than adults



What are the connections?



What are the connections?

- Symptoms and signs + CSF and MRI findings → ADEM?



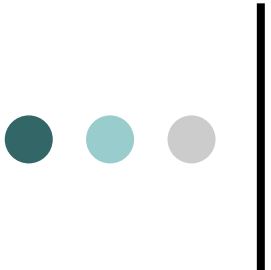
Clinical features ~~> ADEM ?

- Fever, limb weakness
- Areflexia, reduced limb power
- Impaired consciousness (+/- sedation) → fluctuated conscious level / hypersomnolence / tetraplegia
- Myoclonus (not seizure)
- CSF and MRI findings



What are the connections?

- 2. Post-infectious/post-vaccination?



Post-infection or post-vaccination ?

- ADEM in adults is rare
- Predominantly a paediatric disease with an incidence of 4/1,000,000
- Post-vaccination encephalomyelitis accounts for < 5% of ADEM
- ? Incidence of post-vaccination ADEM in adults
- There is a temporal relationship with vaccination and a septic shock like picture
- No identifiable definitive infectious etiology
- ? Idiopathic



What are the connections?

- 3. ADEM? or MS?



ADEM? or MS?

- 60 adults (aged >15) with an initial feature of ADEM from 1995-2005 in 13 French centres
- showed a 32% rate of conversion to clinically definite MS
- after a mean follow-up of 37 months (range, 1-10 years)

ARCH NEUROL / VOL 64 (NO. 10), OCT 2007

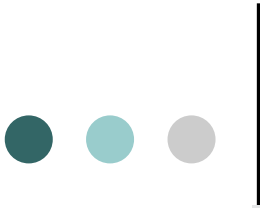
- ADEM in adults, which found a 35% rate of conversion to MS after a mean follow-up of 38 months

Neurology 2001;56(10):1313-1318



Any connection with MS ?

- Paediatric studies which found a rate of conversion to MS of approximately 15%
- A longer (?) follow-up of these patients is the only way to confirm that they do not eventually develop MS



**Table 5. Proposed Criteria for Differentiation
Between MS and ADEM**

ADEM corresponds to patients with at least 2 of the following 3 criteria:

Clinical atypical symptoms of MS. One or more of the following:
consciousness alteration, hypersomnia, seizures, cognitive
impairment, hemiplegia, tetraplegia, aphasia, or bilateral optic
neuritis;

Absence of oligoclonal bands in the cerebrospinal fluid;

Gray matter involvement (basal ganglia or cortical lesions).

Twenty-nine of the 35 patients with ADEM (82.9%) at the end of the
follow-up had 2 or more of these criteria and would therefore have
been correctly classified, and 18 of the 19 patients with MS (94.7%)
had no criteria or only 1 criterion and would also have been correctly
classified.

Statistical data concerning the criteria for ADEM:

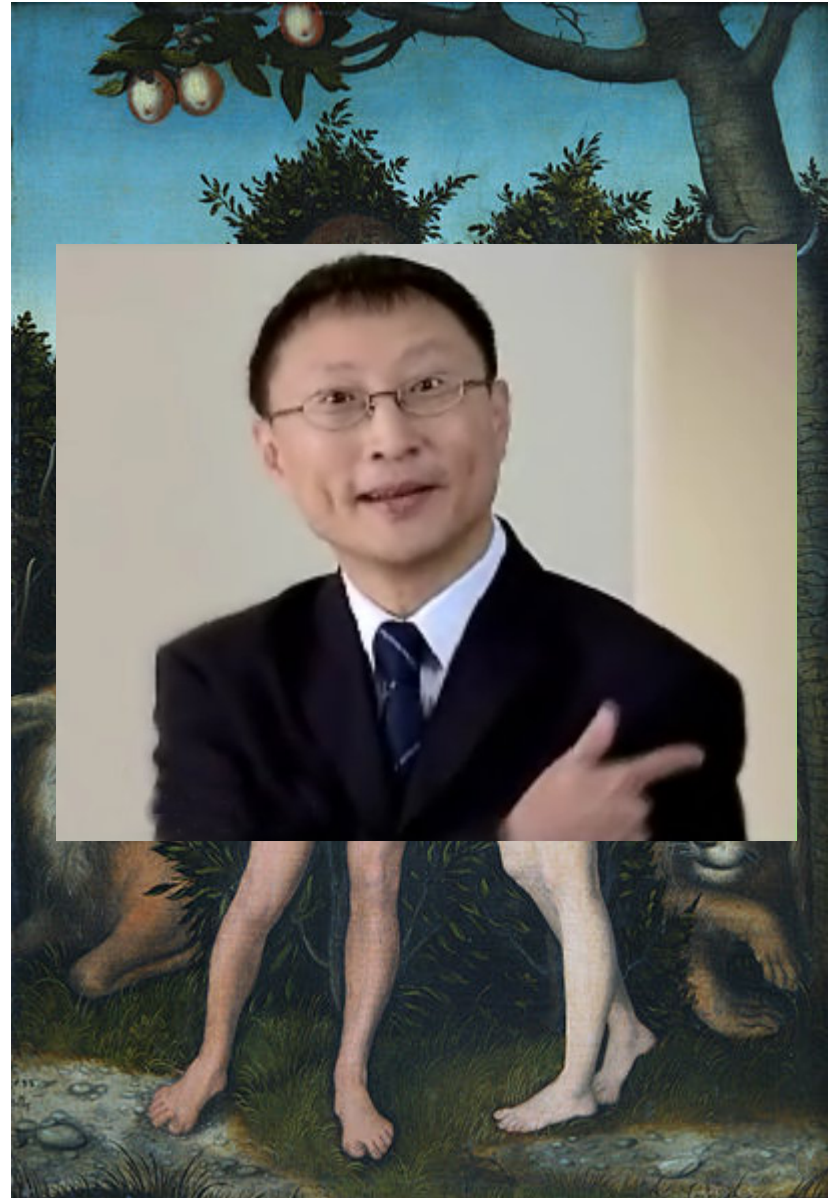
Sensitivity = 82.9%

Specificity = 94.7%

Positive predictive value = 96.7%

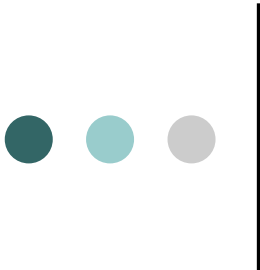
Negative predictive value = 75.0%

Accuracy = 87.0%



○ Have you got a jab?





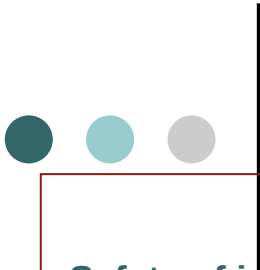
廣州男童打流感針後染腦炎

- 廣州一名**13**歲男孩患上急性腦脊髓炎病例，其病前曾接種甲型**H1N1**流感疫苗。
- 專家初步診斷認為接種甲流疫苗引起的異常反應可能性大。市衛生局有關負責人表示，「這名**13**歲男孩的病因一旦明確診斷？接種甲流疫苗引起的異常反應，根據相關規定，政府將落實對異常反應病例的經濟補償。」
- 據了解，該病例為**1**名**13**歲的初中學生，其於去年**12**月**21**日出現發熱，其後病情加重到醫院診治，隨後轉至市婦女兒童醫療中心，期間出現意識障礙、下肢肌力變差等症狀。
- 專家會診考慮為「急性腦脊髓炎，呼吸衰竭」。經全力救治，目前患者已治癒，於**1**月**21**日出院。患者曾於去年**12**月**16**日在學校接種甲型**H1N1**流感疫苗



Vaccination safety?

- More frequently after primary vaccination compared to re-vaccination
- Vaccines produced in CNS tissue pose a higher risk of postvaccinal encephalomyelitis
- Encephalomyelitis or ADEM or any other adverse events – that follow administration of an inactivated component or live vaccine may be temporally associated with, but is not necessarily the result of administration of a vaccine



MMWR Morb Mortal Wkly Rep. 2009 Dec 11;58(48):1351-6.

Safety of influenza A (H1N1) 2009 monovalent vaccines - United States, October 1-November 24, 2009.

Centers for Disease Control and Prevention (CDC).

The Food and Drug Administration (FDA) licensed the first 2009 influenza A (H1N1) monovalent vaccines ("H1N1 vaccines") on September 15, 2009. The H1N1 vaccines are available as a live, attenuated monovalent vaccine (LAMV) for intranasal administration and as monovalent, inactivated, split-virus or subunit vaccines for injection (MIV). The licensure and manufacturing processes for the monovalent H1N1 vaccines were the same as those used for seasonal trivalent inactivated (TIV) or trivalent live, attenuated influenza vaccine (LAIV); none of these vaccines contains an adjuvant. Vaccine safety monitoring is an important component of all vaccination programs. To assess the safety profile of H1N1 vaccines in the United States, CDC reviewed vaccine safety results for the H1N1 vaccines from **3,783 reports** received through the U.S. Vaccine Adverse Event Reporting System (VAERS) and electronic data from **438,376 persons vaccinated** in managed-care organizations in the Vaccine Safety Datalink (VSD), a large, population-based database with administrative and diagnostic data, in the first 2 months of reporting (as of November 24). VAERS data indicated **82 adverse event reports per 1 million H1N1 vaccine doses** distributed, **compared with 47 reports per 1 million seasonal influenza vaccine doses** distributed. However, **no substantial differences** between H1N1 and seasonal influenza vaccines were noted in the proportion or types of serious adverse events reported. No increase in any adverse events under surveillance has been seen in VSD data. Many agencies are using multiple systems to monitor H1N1 vaccine safety. Health-care providers and the public are encouraged to report adverse health events that occur after vaccination.



ADEM

- The Expert Group on Serious Adverse Events with History of Human Swine Influenza (HSI) Vaccination on 10/02/2010 considered that the clinical features of the patient were compatible with ADEM. However, the expert group considered it unlikely that her illness had been caused by HSI vaccine.



中国疾病预防控制中心免疫规划中心

预防接种异常反应监测室

AEFI Surveillance, National Immunization Program

Chinese Center for Disease Control and Prevention

香港专家证实老妇患脑炎 与接种“甲流”疫苗无关

- 香港卫生防护中心 2 月 4 日接到怀疑接种甲流疫苗后出现脑炎的报告。专家组 2 月 10 日针对该报告召开会议，小组主席陈文仲在会后表示，该名老妇确诊为急性播散性脑脊髓炎，与疫苗无关。
- 患者是一名 67 岁老妇，于 2009 年 12 月 23 日接受甲流疫苗注射，1 月 12 日开始不适，15 日出现发烧、头痛等症状。入院时为疑似格林巴利综合征，住院期间陆续出现败血症、低血压、肾衰竭、神志不清等情况。经检查后，该患者确诊为急性播散性脑脊髓炎，目前情况严重，正接受监护治疗。
- 专家小组成员李颂基说，大部分急性播散性脑脊髓炎病例不能确定真正原因，部分与细菌或病毒感染有关，只有 5% 与疫苗有关。香港每年只有 10~20 例。
- 专家小组成员袁国勇表示，根据相关资料，急性播散性脑脊髓炎与感染有关，其中最严重的是流感病毒。他还强调，目前已有逾十万人接种甲流疫苗，但出现不良反应的个案非常少，公众应对疫苗接种计划有信心。

2010 年 2 月 11 日来源：中国新闻网

<http://www.chinanews.com.cn/ga-ga-sszqf/news/2010/02-11/2120271.shtml>

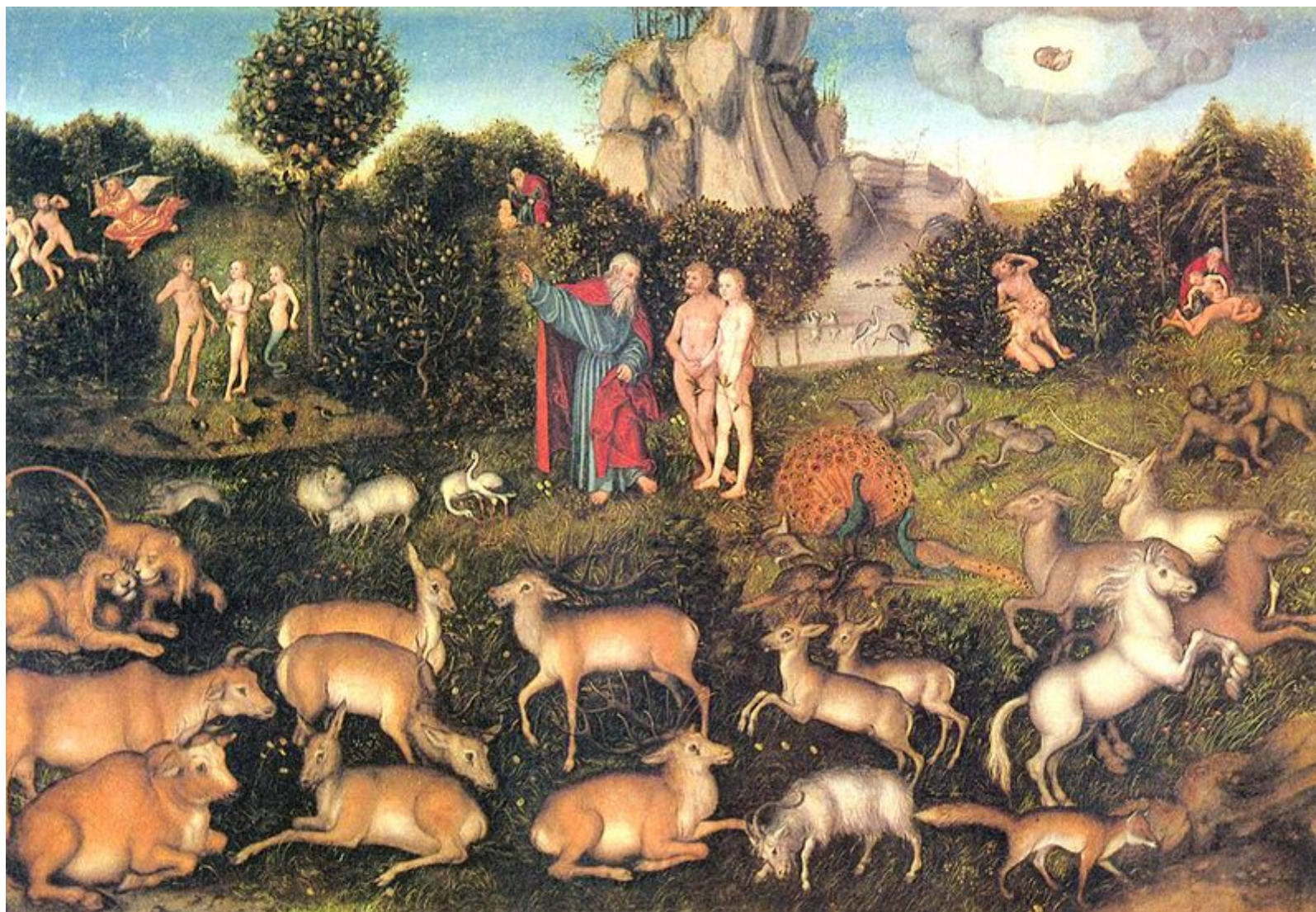


Progress of our patient

- ESBL(+) E. coli UTI. Rx: Meronem
- CVVH >> intermittent HD >> full recovery of RFT
- Surgical tracheostomy
- H' stix ~8,

Neurological: E4VTM6

- Improving awakening
- Reduced sleepiness
- Limb power slowly improving
- Shoulders 1/5; elbows flexion 3/5,
- Hip flexion 1/5, knees extension 3/5



o Thank You